

IF YOU HAVE THESE SIGNS	YOU MIGHT HAVE THESE DISEASES	SIGNS USUALLY SHOW UP BY	IF NOT TREATED THIS COULD HAPPEN
<b>Painful Urination and/or Discharge From Sex Organs</b>	Gonorrhea	2 to 6 days	Arthritis, blindness, sterility. Prostate problems in men. Pelvic Inflammatory Disease (PID) in women. Pneumonia or blindness in newborns.
	Chlamydia	1 to 3 weeks	Sterility. Testicular problems in men. PID in women. Eye damage in newborns.
	Trichomoniasis	4 to 28 days	Painful intercourse. Damage to female sex organs
	Candida Albicans	Varies	Painful intercourse. May infect newborns.
	Bacterial Vaginosis	Varies	Possibly associated with Miscarriage.
<b>Severe Pain in Lower Abdomen (women only)</b>	Pelvic Inflammatory Disease (PID)	2 to 8 weeks	Sterility, long-term (chronic) abdominal pain, damage to fallopian tubes, tubal (ectopic) pregnancy.
<b>Severe Itching and Bumps On and Around Sex Organs</b>	Scabies	1 to 2 weeks	Other infections caused by intense scratching of infected area.
	Lice (crabs)	1 to 6 weeks	Other infections caused by intense scratching of infected area.
	Trichomoniasis	1 to 6 weeks	Other infections caused by intense scratching of infected area.
	Candida Albicans	1 to 6 weeks	Other infections caused by intense scratching of infected area.
<b>Painful Blisters or Sores On Sex Organs</b>	Herpes	Varies	Increased risk of cervical cancer in women. Illness or death in newborns.
	Chancroid	2 to 6 days	Scarring. Other germs may infect open sores.
<b>Painless Sores On Sex Organs</b>	Syphilis	10 to 90 days	Stillbirth or serious damage to newborns. Blindness, insanity, nerve damage, heart damage, death.
<b>Rash Especially On Hands and Feet</b>	Syphilis	2 to 6 weeks	Stillbirth or serious damage to newborns. Blindness, insanity, nerve damage, heart damage, death.
<b>Growths On Sex Organs</b>	Venereal Warts	1 to 3 months	Large growths can block rectal and vaginal openings.
<b>Yellow Skin and/or Eyes</b>	Hepatitis B	1 to 4 months	Liver problems.
<b>Dark Colored Urine</b>	Hepatitis B	1 to 4 months	Liver problems.
<b>Nausea, Vomiting, Diarrhea, Bloody Stools</b>	Giardiasis	Varies	Recurring stomach cramps, prolonged diarrhea, dehydration.
	Amebiasis	Varies	Recurring stomach cramps, prolonged diarrhea, dehydration.
	Shigellosis	1 to 7 days	Recurring stomach cramps, prolonged diarrhea, dehydration.

## **SEXUALLY TRANSMITTED DISEASES (STD)...**

(formerly called Venereal Diseases) are passed by sexual or other close body contact.

There are many signs and symptoms of STD. They include sores, rashes, discharges, bumps, growths, itching, abdominal pain, and painful urination. The sores usually appear on the genitals, but they may appear on the lips, tongue, or mouth, or they may be inside the vagina or rectum. The rashes may appear anywhere on the body, but most frequently on the hands or feet. The bumps usually appear on the groin or on the neck or under the arms.

Some people who have an STD do not show any of these signs or symptoms. They can still pass the STD on to their sex partners, and the STD may still be doing damage to their internal organs.

STDs are most common among young, sexually active people between the ages of 15 and 30, but anyone who is sexually active can become infected.

Pregnant women can pass the STD on to their unborn, developing children.

**For more information call your local health department, STD Clinic or call toll-free nationwide 1-800-227-8922.**

---

## **DO's and DON'T's FOR YOUR PROTECTION**

**DO** - Know the signs and symptoms of Sexually Transmitted Diseases (STDs).

**DO** - Look for signs or symptoms of STDs on your sex partners before having sex with them.

**DO** - Come into the clinic or go to a doctor immediately if you notice any of the signs or symptoms of a STD on yourself.

**DO** - Bring your partner into the clinic with you when you come in for a check-up.

**DO** - Come to the clinic regularly for a check-up if you have more than one sex partner.

**DO** - Use a condom (rubber) and contraceptive foam or jelly when you have sex.

**DO** - Urinate and wash with hot soapy water after having sex.

---

**DON'T** - Have sex with anyone who shows signs or symptoms of a STD.

**DON'T** - Have sex with anyone if you have signs or symptoms of a STD.

**DON'T** - Have sex with your partner until they have been examined and treated.

**DON'T** - Try to treat yourself.

**DON'T** - Worry and feel embarrassed; anyone can get a STD.

**N.J. Department of Health and Senior Services  
STD Control Program  
CN 369  
Trenton, N.J. 08625-0369  
(609) 588-7526**

Revised April 97

